

## **NON-IMMIGRANT VISAS**

### **Au Pair Visas**

An "Au Pair" visa is a type of "J-1" Exchange Visitor Visa. Applicants for au pair visas should obtain proper documentation from their Designated Exchange Visitor Program Sponsor and then follow the instructions for [Student and Exchange Visitor Visas](#).

The Catalog of Designated Exchange Visitor Program Sponsors:

<http://eca.state.gov/jexchanges/index.cfm>